

# RACE BOOKLET



*Market Bosworth*

**HALF MARATHON**

SUNDAY 11<sup>TH</sup> MAY 2025

**DES FORD**  
**TRIDERS**  
RUNNING CLUB



# WELCOME

**PLEASE TAKE SOME TIME TO READ THIS RACE PACK**

## HOW TO FIND US



**Bosworth Lakeside Lodges, Wellsborough Road, Market Bosworth  
Nuneaton, Warwickshire CV13 6PD**

## Parking



- **PLEASE CAR SHARE** - it helps speed up entry/exit. Our Free car-parking is just outside the Lakeside Lodges entrance, a 10 minute walk to the registration/start area.
- Unfortunately, there is no parking available to us inside the Lakeside Lodges development, so there is no suitable disabled parking.
- As you turn off the main road from Market Bosworth it will be on your left, just past the Sports Ground. Another entrance on the main Wellesborough road will also be used - please follow the directions of the car park marshals.
- There will be signs out advising of Road Closures, but the turn into the Lakeside Lodges/race car park is not affected.
- When you exit the car park, there will be no right turn allowed, this is so we can get everyone exited as quickly as possible.

# Club Tents



**Clubs are welcome to bring tents, but there is no parking/drop off inside the Lakeside Lodges.**

**Tents can either be dropped off at the gate and then carried to the race village (10 min walk).**

**Or you can carry them directly from your car.**

**Please let the car park marshal know you have a tent, and they will park you as close as possible/allow you to drop off.**

**Apologies for any inconvenience, this is a condition set by the venue, and something we cannot change or override.**

**SPONSORS - click the images to go to individual websites**



**Supporting us by providing the lead car and a van for all the signage etc**



**Providing sports nutrition drinks at our mile 10 water station**



**Barrett Corp & Harrington**

**A new sponsor for 2025, who have provided us with lots of support -  
Thank you!**



# Registration (race numbers ARE NOT posted)

Registration opens 8am – please arrive early to collect your number - there is a disposable chip on the reverse - do not take off!

No chip = no time.

Race numbers will be allocated Wednesday May 7th, and then listed on the website on Thursday May 8th.

**NON CLUB RUNNERS/UNAFFILIATED ENTRIES**, note your number from the website, and collect from the relevant numbered desk on race morning.

**AFFILIATED ENTRIES/ALL RUNNING CLUBS** - Please allocate one person per club to collect all your race numbers and distribute among your members on the morning.

- Please write your details, any medical information and emergency on the day contacts on the back of your number.
- Unsecured bag storage will be in a gazebo near the Finish Line.
- Don't forget your safety pins !
- TRANSFERS ARE ALLOWED UP UNTIL midnight on Tuesday May 6th – please see Event Entry website for transfers.

# Top Tips & extra info

Keep hydrated before and on the day. We have water stations, but we recommend you also carry your own, if you feel comfortable to do so



It can be very warm in May, but of course it's not guaranteed. So you may need to wear sunscreen and a hat if it's warm, but please check and make sure dress appropriately for whatever the weather decides to do! Please do not start the race if you are injured or feel unwell



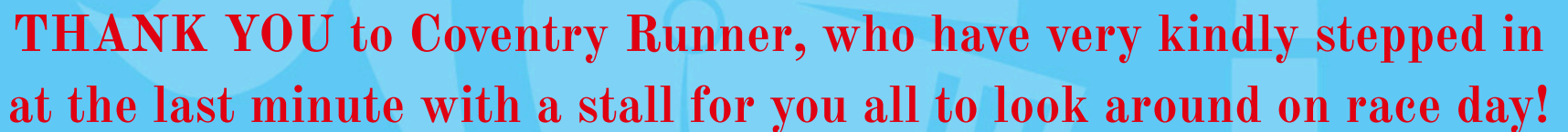
You can wear bone conductor headphones, but you must make sure you listen and follow the instructions from the marshals.



**There will be a pre race warm up - delivered by Charlie Nurse/Unleashed Run Coaching.**

**This will start at approx 9.10am near the registration marquee - race starts 9.30am**





**223 Burnaby Rd, Radford, Coventry CV6 4AX**

**T: 024 7666 8498**



# RACE DAY MASSAGE



**Staff from Top Tier Physio will be there on race day to offer pre and post race massage - make sure you go along and make the most of their excellent knowledge and service**



## Spot prizes



Thank you to all the businesses that have kindly donated spot prizes.  
Fingers crossed you win one on the day, we'll be handing them out at random !!



# SPONSORS



**Fyffes - providing  
the essential post  
race banana!**

# TFS

THOMAS FLAVELL  
+ SONS SOLICITORS



**Greenfields  
Countryside  
Limited**

**Hinckley & Rugby**  
Building Society



**THE DERBY RUNNER**  
SPECIALIST RUNNING EQUIPMENT

**Retain your race number for a 20% discount online or in store**



# Our 2025 Medal

We hope you love it!

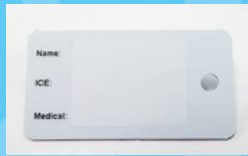
Designed by Ross Ballinger

Produced by Scimitar

Sponsored by  
Unleashed Run Coaching  
& Select Accountants



# ICE TAGS



**Pinned to your medal you'll also find some ICE tags, pop them on your shoe lace ready for your next run.**

**They're small, yet they carry important ID information, emergency contact details and any medical details that may assist emergency services... just in case.**





**1** Mile Markers

**Water Stations**

**HINCKLEY AND BOSWORTH DISTRICT**

**START 10.00AM**

**FINISH**

**HIGH5 SPORTS EQUIPMENT**

**RICHARD III**

**Market Bosworth**

**Bosworth Park**

**Shenton**

**Upton**

**Stoke Golding**

**Dadlington**

**Sutton Cheney**

**Greenhill Fm**

**White Moors**

**Apple Orchard Fm**

**Upton Lodge Fm**

**White Gables Fm**

**Lodge Fm**

**Grange Fm**

**Fox Covert Fm**

**St Martin's**

**Harper's Hill**

**Lodge**

**Twisted Bar**

**Leicestershire Road**

**Poplars Fm**

**Marina**

**St Martin's**

**Greenhill Fm**

**Upton Park**

**Upton Lodge Fm**

**White Gables Fm**

**Lodge Fm**

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**Click the map for a link to the route on Strava**

**Note : There are no toilets provided on the route**



# **Road Closures**

**We have implemented some Temporary Traffic Road Closures:-**



## **CLOSED ROADS**

**from the Venue to Far Coton (to Mile 1)**

**the Gated Road (9.5 mile to nearly 11 miles)**

**Far Coton Lane returning from Market Bosworth (just past 11miles to finish).**

## **TEMPORARY ROAD CLOSURES**

**(Approx 8 minutes) in Far Coton**

**Under the Aqueduct at 2 miles and Shenton at 2.5 miles.**

**At 9 miles in Sutton Cheney we will be using marshals/coned section to guide you onto the right hand side of the road to get you up towards the Gated Road**

**PLEASE REMEMBER NOT ALL ROADS ON THE ROUTE ARE CLOSED, BE AWARE OF TRAFFIC AT ALL TIMES AND STAY SAFE**



## **On the course**



**IT IS ESSENTIAL THAT YOU FOLLOW THE MARSHALS ADVICE AND GUIDANCE  
AT ALL TIMES**

**Please use the pavement wherever possible and be prepared to stop at junctions and give way to other road users, traffic and pedestrians. Please keep to the left hand side of the road, unless instructed otherwise by our marshals.**

**PLEASE DO NOT LITTER THE COURSE with gel wrappers etc – keep them with you or pass them to a marshal.**

**There are x5 water stations, the marshals/helpers on these will be happy to take your litter and will clear up your discarded cups for you.**

**If you feel ill or unwell on the course, please go to the nearest marshal.**

**We have ambulances out on the course. We also have people around the course that can take you back to the start/finish area if necessary.**

**There is a time limit of three hours – once the sweep vehicle has passed you, if you continue on the course, you are then taking full responsibility for yourself and must continue as a pedestrian, all marshals and water stations are withdrawn after the sweep vehicle has passed.**





# PRIZES



Cash Prizes 2025	Male & Female
1st	£100
2nd	£75
3rd	£50
4th	£40
5th	£30

Cash Prizes 2025	Male & Female
1st Vet 40	£30
1st Vet 50	£30
1st Vet 60	£30
1st Vet 70	£30
1st Vet 80	£30

**PRESENTATION WILL BE BY THE FINISH LINE AT APPROX 11.30AM**





# HALL OF FAME



## 2024

M Matt Scarsbrook 1.10.48

F Claire Frankland 1.22.58

## 2023

M Matt Scarsbrook 1.10.16

F Rebecca Randall 1.25.46

## 2022 , 2021 & 2020

No race due to COVID

## 2019

M Renou Ludovic 1.13.35

F Catherine Hutton 1.26.20

## 2018

M Anthony Woodward 1.11.41

F Georgina Schwiening 1.16.20

**\*female record**

## 2017

M Michael Coltherd 1.10.29

F Nicki Nealon 1.29.31

## 2016

M Stuart Spencer 1.11.13

F Nicki Nealon 1.26.21

## 2015

M Stuart Spencer 1.10.13

F Rosanna Andrews 1.26.04

## 2014

M Stuart Spencer 1.10.31

F Mel Evans 1.25.09

## 2013

M Stuart Spencer 1.08.08

F Eleanor Fowler 1.24.01

## 2012

M Mark Powell 1.10.10

F Nicki Nealon 1.22.20

## 2011

M Mark Powell 1.11.03

F Juliet Doyle 1.17.23

## 2010

M Mark Powell 1.10.55

F Nicki Nealon 1.22.43

## 2009

M Mark Powell 1.10.04

F Diana Lobacevske 1.17.18

## 2008

M Mark Powell 1.11.09

F Beth Eburne 1.19.03

## 2007

M Tim Hartley 1.07.34

**\*male record**

F Nicola Clay 1.19.49

## 2006

M Garry Payne 1.12.53

F Beth Eburne 1.18.49

## 2005

M Tim Hartley 1.08.51

F Michelle Lee 1.18.37

## 2004

M Gareth Deacon 1.09.34

F Sula Young 1.16.45

## 2003

M Tim Hartley 1.09.58

F Penny Masser 1.30.05

## 2002

M Gareth Deacon 1.10.18

F Nicki Nealon 1.20.53

## 2001

M Richard Whitelegg 1.15.07

F Helen Titterington 1.28.31

# SPONSORS



## SPECIAL OFFER!!!!

**For entrants to the Bosworth half marathon, Unleashed Run Coaching is offering a discounted rate for the first 2 months (spaces limited!) Sign up for online coaching within 14 days of the race\*\* and you will receive 30% off month one, and 20% off month 2.**

**Get in touch via 'Unleashed Run Coaching' on Facebook or [charlieaustin89@gmail.com](mailto:charlieaustin89@gmail.com) or the URC website <https://www.unleashedruncoaching.co.uk/services>**

**\*\* minimum sign up 3 months to take advantage of offer**

## SPONSORS

# Claim Bosworth Half Marathon *level-up*

DISCOUNT CODE:  
**BOSBEET15**

**15% OFF AT  
BEET-IT.COM**





## Take a closer look at what it means to be an On-Call Firefighter Basic Entry Requirements

- Be aged 18 years or older by the commencement of the On-Call Firefighter training course. Be prepared
- to undertake a basic DBS Check. You must live or
- work within four minutes of an On-Call station, with the exception of Billesdon and Market Bosworth Fire and Rescue Stations, which are six minutes. Be eligible to work in the UK.

**#JoinOurFamily**



Scan the QR code to find out more about the role and to book on our Recruitment Workshops and Have a Go Days.



**[www.leics-fire.gov.uk/recruitment](http://www.leics-fire.gov.uk/recruitment)**

**Follow** @LeicsFireRescue



**LEICESTERSHIRE**  
**FIRE and RESCUE SERVICE**

**Look out  
for the  
Leicestershire  
Fire  
and  
Rescue  
Team  
on  
raceday**







## Local Mental Health Support

**Everyone has mental health, we are here to support yours**

LLR Mind offers mental health support across Leicester, Leicestershire and Rutland. We are dedicated to promoting positive mental health and wellbeing, reducing stigma and providing quality services for local residents.

### Services we currently offer:

- ✓ Good Mood Groups
- ✓ Mental health information and training
- ✓ Neighbourhood Mental Health Cafés
- ✓ North West Leicestershire Community Wellbeing Service
- ✓ Workplace Wellbeing



 **mind**  
Leicester,  
Leicestershire  
and Rutland

[www.llrmind.org](http://www.llrmind.org)

0116 216 4340

[info@llrmind.org](mailto:info@llrmind.org)

Follow us:   

**We're #YourLocalMind**

Find out more



# CHARITY WORK



**We're proud  
to be  
supporting  
LLR Mind**







# NEW MEMBERS ALWAYS WELCOME

please email us for more info or take a look at

**desfordstriders.co.uk**

We're an all inclusive friendly club  
and we cater for all abilities!

**DE FORD**  
**TRIDERS**  
RUNNING CLUB

**DES FORD**  
**FLYERS**  
JUNIOR ATHLETICS CLUB

dsrsrc.inform@gmail.com

desfordflyers@gmail.com



# THANK YOU!

Huge thanks to everyone at Desford Striders RC & Desford Flyers Junior AC, and all the other marshals, helpers and sponsors. who've given up their own time to volunteer to help put the race on.

Also a special mention to Linda Whitelegg, Race Director at every other Bosworth Half Marathon / Hinckley Half Marathon - 21 events in total. This year Linda will be running the race for the very first time so give her some encouragement if you see her out there ! #no1

Desford Striders didn't want to see this event come to an end, and we knew there was 1 (maybe 2) more years left at the Lakeside Lodges.

We hope we can find a suitable venue/route in future years so it can continue.

Have a great run everyone, and thanks for entering!